

**The NATIONAL**  
CAFE • COFFEE • TAKEAWAY

# BREAKFAST

**OMELET OR TOFU SCRAMBLE**   EGGS \$8/TOFU \$9

Two organic, cage-free eggs or seasoned tofu with choice of three of the following: cheddar, provolone, goat or feta cheese, ham, bacon, scallions, tomatoes, spinach, onions, zucchini and peppers. Served with toast  
 - Egg whites also available for \$.75  
 - Extra egg \$1.00 extra  
 - Sub fruit for \$1.00 extra

**BREAKFAST BURRITO**   EGGS \$9/TOFU \$9.5

Vegan black bean spread, peppers, onions, cheddar cheese. Really big! Served with salsa and avocado

**FRENCH TOAST**  \$7  
 Potato bread, in a Saigon cinnamon batter. Served with Wisconsin maple syrup

**BREAKFAST SLIDER** \$5.5  
 Ham, bacon or spinach, egg, and cheddar cheese on a bagel or croissant

**FRUIT TOASTWICH**  \$8  
 Cranberry-nut bread in a Saigon cinnamon batter with strawberries & orange marmalade cream cheese

**FRENCH TOASTWICH** \$8  
 Ham and honey nut cream cheese, sandwiched in our delicious french toast. Served with Wisconsin maple syrup

**ALL AMERICAN BREAKFAST** \$7  
 Two eggs, bacon or ham, rosemary breakfast potatoes, and two slices of toast

**GRANOLA AND YOGURT**  \$3/5  
 Granola and a variety of flavored yogurts and fruits

**FRESH FRUIT BOWL**  \$6  
 with yogurt



**ROSEMARY BREAKFAST POTATOES** \$1.5




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# SAMMIES/WRAPS

All sandwichies are served with blue corn chips & black bean dip or hummus

**BLACK BEAN SANDWICH**   \$8  
 House-made chipotle black bean spread on multigrain bread with mixed greens, red onion, carrots, peppers, tomato, and avocado

**ULTIMATE HAM & CHEESE** \$8  
 Ham, swiss cheese, Dijon, and tomato on toasted potato bread

**GROWN-UP GRILLED CHEESE**  \$7  
 Melted cheddar, goat cheese, tomato, Italian seasoning on toasted wheat. Add bacon for \$1.5

**HUMMUS WRAP**   \$8  
 House-made black olive hummus, cucumbers, carrots, tomatoes, red peppers, and greens in whole-wheat wrap

**ASIAN TUNA SANDWICH** \$10  
 Sesame crusted ahi tuna with sautéed mushrooms, mixed greens, and wasabi mayo on a toasted kaiser roll

**PESTO CHICKEN SANDWICH** \$8  
 Grilled chicken, house-made walnut pesto, provolone cheese, Spinach, caramelized onions & tomato on toasted kaiser roll


**OVEN ROASTED TURKEY CLUB** \$9  
 Roasted turkey, bacon, lettuce, tomato, red onion, garden jack cheese and mayo on herb ciabatta

**BLT&A** \$8  
 Bacon, lettuce, tomato & avocado, on wheat bread with garlic mayo

**CHICKEN, BACON & SWISS** \$8.5  
 Chicken breast, bacon, and melted swiss cheese on a kaiser roll with garlic mayo, lettuce & tomato

**ITALIAN MELT** \$8.5  
 Salami, ham, red onion, tomato, provolone cheese, olive tapenade & balsamic dressing on toasted potato bread

**THE YOUNG TURK** \$8  
 Turkey with orange marmalade cream cheese on cranberry bread, with lettuce and tomato

**WALNUT BURGER**  \$8.5  
 Trempealeau walnut burger with roasted garlic mayo, lettuce, onion & tomato on a toasted Kaiser roll


**VEGETARIAN MUFFALETTA**  \$8  
 Olive tapenade, provolone and goat cheese, sautéed peppers, spinach, onions and tomato on a toasted Kaiser roll with garlic mayo

**INDIAN CHICKEN WRAP** \$8.5  
 Curried chicken, golden raisins, roasted cashews, and mixed greens.

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# SALADS

**GARDEN SALAD**  \$7  
 Grape tomatoes, red onions, carrots, red peppers, cucumbers, and pumpkin seeds and on mixed greens with house-made balsamic dressing

**DRIED FRUIT & NUT SALAD**  \$8  
 Dried fruit, nuts and feta cheese on a bed of baby spinach with our balsamic dressing

**LEMON CAPER TUNA STEAK SALAD** \$10  
 Sesame crusted tuna steak, tomatoes, carrots, cucumbers, red onion and goat cheese on mixed greens with lemon caper dressing

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# SOUPS

Truly house-made soups with local, farm-raised and sustainable ingredients. All soup served with roll.  
 \$4 - 12 OZ OR  
 \$5 - 16 OZ

**TOMATO BASIL PESTO SOUP OF THE DAY** 

**SOME OF OUR LOCAL VENDORS:**  
 What makes our food so good?  
 Braise RSA  
 Simple Soyman  
 Verns Cheese  
 Walker's Square Farmer's Market  
 West Allis Farmers Market  
 Outpost Foods Cooperative

**COFFEE**

Artisan roasted coffee from our friends at Anodyne Coffee Co. in Bay View.

<b>HOUSE CUP</b>	<b>\$1.25</b>	
<b>COFFEE TO GO (12 OZ)</b>	<b>\$1.5</b>	<b>COFFEE</b>
<b>TO GO (16 OZ)</b>	<b>\$1.7</b>	
<b>ICED COFFEE (16 OZ)</b>	<b>\$2</b>	<b>COFFEE</b>
<b>REFILL</b>	<b>\$5</b>	

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**ESPRESSO**

<b>ESPRESSO</b>	12 OZ / 16 OZ	<b>\$1.5/\$1.75</b>
<b>CAPPUCCINO</b> espresso with textured milk		<b>\$3.25/\$3.5</b>
<b>LATTE</b> espresso made with steamed milk		<b>\$3.25/\$3.5</b>
<b>MOCHA</b> espresso, steamed milk, hot fudge		<b>\$3.5/\$3.75</b>
<b>AMERICANO</b> espresso with hot water		<b>\$2</b>
<b>RED EYE</b> coffee and espresso		<b>\$3.25/\$3.5</b>
<b>MACCHIATTO</b> espresso marked with milk		<b>\$2</b>
<b>BREVE</b> espresso with half and half		<b>\$3.5/\$3.75</b>
<b>CAFÉ AU LAIT</b> coffee and steamed milk		<b>\$2.75/\$3</b>

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**SPECIALTY DRINKS**

<b>MEXICAN MOCHA</b> chocolate, cinnamon & ancho	<b>\$3.75</b>
<b>FROSTED MOCHA</b> chocolate, mint	<b>\$3.75</b>
<b>MOCHA BLANCO</b> white chocolate	<b>\$3.75</b>
<b>ORGANIC CHAI LATTE</b>	<b>\$2.5/\$3.50</b>
<b>STEAMER</b>	<b>\$2/\$2.25</b>
<b>HOT COCOA</b>	<b>\$2.25/\$2.5</b>

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**ICED DRINKS**

<b>ICED LATTE</b>	<b>\$3.25/\$3.5</b>
<b>ICED MOCHA</b>	<b>\$3.5/\$3.75</b>
<b>ICED AMERICANO</b>	<b>\$2</b>
<b>ICED ORGANIC CHAI LATTE</b>	<b>\$3.25/\$3.50</b>
<b>ITALIAN SODA</b>	<b>\$2.5</b>
<b>TEA / ICED</b>	<b>\$2.25</b>

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**CATERING**

Let us cater your next event. Free delivery for orders over \$50. 24 hours advanced notice required.

**FIXED PRICE CATERING**

Fixed prices - minimum 10 person order

- Breakfast options from \$5.95 to \$9.95 per / person
- Lunch options from \$7.95 to \$10.95 per / person
- Dinner options

See our fixed pricing catering menu for more details.

**EVENT CATERING**

We also offer a wide selection of a la carte catering.

- Hot Hors D'oeuvres
- Cold Hors D'oeuvres
- Soups
- Sides
- Entrées
- Desserts
- Platters
- Wine pairings
- Salads

See our a la carte catering menu for more details.

**EVENING AVAILABILITY**

Hold your next meeting, party, or gathering at the National. Seating is available for 30. Rental fee waived for all non-profits organizations.

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**HOURS OF OPERATION**

EVERY DAY 8AM TO 4:30 PM

**SPECIALS AND FUN  
ABOUNDS ON OUR  
TWITTER &  
FACEBOOK PAGES!**

SEE [NATIONALEATS.COM](http://NATIONALEATS.COM) FOR LINKS

*The*  
**NATIONAL**  
LUNCH / TAKEAWAY MENU

**FRESH  
LOCAL  
ORGANIC**



**WE OFFER MOUTHWATERING  
SANDWICHES  
SOUPS  
& SALADS**

**COFFEE AND ESPRESSO DRINKS  
ARE SERVED  
STRONG, HOT,  
& FRESHLY ROASTED**

839 W. NATIONAL AVE., MILWAUKEE 53204  
(414) 431-6551 FAX (414) 431-6552  
[WWW.NATIONALEATS.COM](http://WWW.NATIONALEATS.COM)